

Waynesville Lady Tiger Volleyball

Team Rule and Expectations:

Respect yourself, teammates, coaches, and school.

This rule includes but is not limited to the following:

- ✓ Take care of your grades! If you are having an issue in a class, talk to one of the coaches as soon as possible so we can help you find the help you need to be successful off the court.
- ✓ Be on time for all functions. If you HAVE to be late, let one of the coaches know BEFORE practice.
- ✓ Attend all practices. If you are not at school, you may not come to practice unless you have permission from the athletic office.
- ✓ Be a school leader. Everything you do is a representation of Waynesville volleyball. If you are respecting your school, you are following all of the rules in the school handbook.
- ✓ Dress appropriately.
- ✓ Be supportive of teammates and coaches.
- ✓ Take care of all equipment.

Lady Tiger Volleyball Commitment

I understand that our goal is to become the best team possible. That requires commitment and hard work. I will respect myself, teammates, coaches, and school. I will be the best teammate possible. I understand that volleyball is a team sport and I have a role on this team that includes working towards team success rather than individual success. I also understand that playing time is earned, not given. I am aware that every minute has to be earned and that playing time will not be equal. I accept that it is the coaches' job to push us as a team and to make us better volleyball players, students, and citizens. By accepting a spot on this team, I make this commitment to the Lady Tiger Volleyball Program.

Player

Parent/Guardian